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At Wild Planet, we believe that delicious food and sustainability can go hand-in-hand. That's why we source our seafood from sustainable fisheries and use only the highest quality ingredients. Our canned seafood is packed with flavor, nutrients, and protein.



Wild Planet Wild Skipjack Tuna selected varieties



5 oz



Wild Planet Wild Albacore Tuna selected varieties



5 oz

Lotus Foods Rice Ramen selected varieties



2.8 oz



Maya Kaimal **Organic Everyday Dal** selected varieties



10 oz





Organic Tamari Soy Sauce

10 oz

San-J

Tuna Pasta Salad

30 MIN • SERVES 8

INGREDIENTS

- 1 pound farfalle pasta
- 2 5 oz cans tuna, drained
- 6 ribs celery, sliced
- 1 medium red onion, diced
- 2 cups mayonnaise
- ¹/₃ cup red wine vinegar
- DIRECTIONS
- 1 tablespoon dried dill 1 teaspoon chia seeds 1 teaspoon sea salt 1¹/₂ teaspoon ground white pepper
- 1 15 oz can peas, drained



- 1 Cook pasta according to package directions. Drain and set aside to cool.
- 2 Add the tuna to a medium mixing bowl. Using a fork, break apart the tuna. Stir in the celery and red onion.
- 3 Whisk together mayonnaise, vinegar, dill, chia seeds, sea salt, and pepper in a small bowl.
- 4 Add pasta and dressing to the veggie/tuna mixture then toss to combine.
- **5** Fold in peas and adjust seasonings to taste.

Penne Rigate with Tomato Sauce

25 MIN • SERVES 4-6 • VEGETARIAN

INGREDIENTS

2 cups strained tomatoes 2 tablespoons extra virgin 1/2 cup fresh basil leaves olive oil

1 clove garlic, minced

¹/₂ teaspoon salt 1 box of penne rigate Grated Parmigiano Reggiano

DIRECTIONS

- 1 In a medium saucepan, simmer the strained tomatoes, extra virgin olive oil, garlic, and salt for 15 minutes.
- 2 Turn off the heat and add basil
- **3** Cook penne rigate according to package instructions, stirring frequently.
- **4** Drain and toss the pasta with the tomato sauce.
- **5** Serve with grated cheese.

Muir Glen Organic Pasta Sauce selected varieties

23.5 oz



Muir Glen **Organic Tomatoes** selected varieties

14.5–15 oz









For over 40 years, people have trusted Bubbies for premium fermented and pickled products made using family recipes, time-honored methods, and real ingredients. Only the best comes from Bubbies kitchen.



Bubbies Sauerkraut selected varieties





Bubbies Kosher Dill Pickles



4 oz



Lenny & Larry's The Complete Cookie selected varieties



Cereal Crunch Bars

30 MIN • MAKES 12

INGREDIENTS

- 10 oz honey graham cereal
- 10 oz chocolate graham cereal
- 1 5 oz package milk chocolate pieces 20 oz mini vanilla marshmallows
- $\frac{1}{2}$ cup roasted and salted peanuts,
- roughly chopped

DIRECTIONS

- 1 Prepare a 9x13 inch pan by lining with parchment paper. Set aside.
- **2** In a large mixing bowl, stir together cereals, chocolate pieces, peanuts, and half of the mini marshmallows.
- 3 Melt butter in a heavy bottomed pot over medium-low heat. Once butter has melted add in remaining marshmallows. Gently heat marshmallows while stirring until they puff and melt together, approximately 5–8 minutes. Quickly pour over cereal mix and toss to
- coat. Press into prepared pan and set aside to cool.
- 4 Once cool, remove from pan and cut into 12 even bars.

Newman's Own Sandwich Cremes selected varieties



13 oz

KeVita Organic Kombucha

selected varieties





15.2 oz

Pamela's Pancake & Baking Mix

8 tablespoons plant-based butter,

unsalted







16 ct



Coconut Hemp Protein Bites

1 tablespoon chia seeds ¹/₂ cup almond butter

1/2 cup shredded coconut

10 MIN • MAKES 14 • GLUTEN-FREE, GRAIN-FREE, VEGAN

INGREDIENTS

24 oz

- ¹/₂ cup raisins
 ¹/₃ cup roasted sunflower seeds
 ¹/₄ cup sliced almonds
- ¹⁄₄ cup walnuts
- ¹⁄₄ cup protein powder
- 2 tablespoons maple syrup
- 2 tablespoons hemp hearts

DIRECTIONS

- In a food processor, place raisins, nuts, sunflower seeds, protein powder, maple syrup, hemp hearts, and chia seeds. Run machine until mixture is finely minced.
- 2 Place nut/seed mixture in a mixing bowl and work in almond butter until dough forms.
- **3** Scoop mixture into tablespoon amounts and roll into balls then coat in shredded coconut. Store in an airtight container in the refrigerator.



Potato Leek Soup

30 MIN • SERVES 6 • GLUTEN-FREE, GRAIN-FREE, VEGETARIAN

INGREDIENTS

- 6 cups russet potatoes, peeled and chopped
- 6 cups leeks, chopped, white and green parts only
- 3 quarts vegetable stock
- 2 cups cream
- 4 teaspoons sea salt

DIRECTIONS

- 1 Place potatoes, leeks, and stock
- in a large stockpot and bring to a gentle simmer. Cook until potatoes are tender, stirring occasionally.
- **2** Using an immersion blender, blend soup until smooth.
- **3** Turn off heat and add cream and salt.
- 4 Serve with crusty bread.



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